

Vicky Vidalaki guides executives and emerging leaders on a creative, self-reflective journey to help them achieve the promise of their personal and professional potential.

Vicky is known as an engaging and enthusiastic thought partner. She applies her experience in psychology, change implementation, and training to give clients insights into their thinking processes and helps them structure a plan of action for tackling their challenges.

Clients come away with rapid results. They establish goals for managing difficult relationships and negotiating conflicting agendas. They sharpen their skills for delegation, team building, and mentoring, and gain new perspectives for evaluating their leadership skills.

Vicky's coaching approach offers on-site, telephone, and virtual coaching for individuals and teams. While her coaching services helps individuals from any industry, she specializes in coaching for professionals in the healthcare and nonprofit industries, areas where she has had direct experience as a leader. She also focuses on the specific coaching needs of women professionals.

Vicky's background includes experience as a clinical psychologist for the UK's National Health Service, and as clinical lead for a large NHS department. She also served as Course Director for Psychological Interventions at the University of Surrey developing curriculum and training graduate students. Her experience includes developing productive relationships within multidisciplinary teams and with a full range of medical professionals and healthcare administrators.

Her educational qualifications include the Columbia University Coaching Certification Program and a Ph.D. in Neuropsychology from the University of Nottingham (UK). She also was trained in clinical leadership at the King's Fund, a UK organization focused on improving health organizations.

A native of Greece, she is bilingual in Greek and English, and is passionate about trekking the globe in pursuit of travel adventures. She lives with her husband in New York City.